
Qualification Specification

603/5121/4

iCQ Level 2 Certificate in End of Life Care



Qualification Details

Title : iCQ Level 2 Certificate in End of Life Care

Awarding Organisation : [iCan Qualifications Limited](https://icanqualify.net)

Fees Price List Url : <https://icanqualify.net>

Qualification Type : RQF

Qualification Level : 2

Regulation Start Date : 04 September 2019

Offered In England : Yes

Offered In Wales : No

Offered In Northern Ireland : No

Assessment Language In English : Yes

SSA : 1.3 - Health and social care

Purpose : Occupational Qualification

Total Credits : 16

Min Credits at/above Level : 16

Total Qualification Time : 160

Guided Learning Hours : 120

Overall Grading Type : Pass

Assessment Methods : Portfolio of Evidence

Structure Requirements : To achieve the qualification learners must complete all 5 units in mandatory Group A, totalling 16 credits.

Age Ranges : 16-18; 19+

Qualification Objective : The purpose of this qualification is to develop learners' knowledge and understanding in the area of end of life care and the involvement and actions they may take. This qualification aims to develop the learner's knowledge and understanding of:

- The principles of end of life care and support
- The importance of persons centred care in end of life practice
- The impact of dementia in end of life care
- How to provide support when working in end of life care
- The loss and grief process.

The qualification will give learners working in, or intending to work in, healthcare and social care the knowledge and understanding of end of life care to support their role

Entry Requirements : None

Progression : Learners may progress to the iCQ Level 2 Diploma in Care or the iCQ Level 3 Diploma in Adult Care.

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Rules of Combination (ROC)

Group Name	Mandatory	#Units	Minimum Units	Maximum Units	Minimum Credits	Maximum Credits
All) All Groups	No	0	(null)	(null)	(null)	(null)
A) Group A Mandatory Units	Yes	5	5	5	16	16

Group A Group A Mandatory Units

URN	Title	Level	GLH	Credit
D/617/8107	Understand the importance of persons centred Care in end of life practice	2	30	4
D/617/8110	Understand how loss and grief occurs within end of life care	2	15	2
H/617/8108	Understand how to provide support when working in end of life care	2	30	4
K/617/8109	Understanding the impact of Dementia in End of Life Care	2	15	2
Y/617/8106	Understanding the principles of end of life care and support	2	30	4

Unit: D/617/8107 : Understand the importance of persons centred Care in end of life practice**Know the holistic approach to end of life care****Assessment Criteria**

01 Define the word 'holistic' as it applies to assessment and care planning at the end of life

02 Describe the needs that an individual at the end of life may class as being important to them including;>br /> a) health and wellbeing needs>br /> b) emotional needs>br /> c) social needs>br /> d) intellectual needs>br /> e) cultural needs>br /> f) spiritual needs>br /> g) religious needs>br /> h) communication needs>br /> i) needs of family, friends, carers

03 Describe how to support individuals at the end of their life to meet their needs

Understand person-centred assessment and care planning

01 Outline the advantages of person-centred care for an individual at the end of life

02 Describe how a health and social care worker can assess the needs, concerns and priorities of people nearing the end of life

03 Identify risks that may be involved in meeting the needs of the individual

04 Describe how risks can be managed to support the individual to achieve their goals, aspirations and priorities

05 Explain how to apply the care planning cycle in a person-centred way

Know how communication can be affected in end of life care

01 Describe how an individual at end of life may affect their priorities and the ability to communicate

02 Explain your role and responsibilities in responding to key questions and cues from individuals and others regarding their end of life experience

03 Describe how you could respond to difficult questions from individuals and others

04 Describe the strategies that could be used to manage emotional responses from;>br /> a) individuals >br /> b) others

05 Explain the importance of sharing appropriate information according to the;>br /> a) principles and local policy on confidentiality >br /> b) data protection

Understand advance care planning

01 Outline the principles of advance care planning

02 Describe what is meant by;>br /> a) informed consent >br /> b) statement of wishes and preferences>br /> c) advance decision to refuse treatment>br /> d) lasting power of attorney

03 Explain how a health and social care worker might be involved in advance care planning for an individual

04 Identify when advance care planning might be used.

Unit: D/617/8110 : Understand how loss and grief occurs within end of life care	
Know the process of loss and grief	
Assessment Criteria	
01	Define the following terms:>br /> a) Loss>br /> b) Bereavement>br /> c) Grief>br /> d) mourning
02	Describe the factors that can affect the intensity and duration of a person's grief including:>br /> a) Emotional>br /> b) Physical>br /> c) Financial>br /> d) Social>br /> e) Other factors
03	Explain how people may respond to loss and show their grief
Understand how loss in the context of end of life care may be experienced	
01	Outline the fears people may commonly experience towards the end of life
02	Explain the types of loss an individual at end of life might experience including:>br /> a) Emotional >br /> b) Physical>br /> c) Financial>br /> d) Social>br /> e) Other factors
03	Describe how to support an individual at end of life who is experiencing feelings of loss
Understand how to support people following bereavement	
01	Identify types of support that can be offered to a bereaved person
02	Explain the common stages of bereavement
03	Describe how to support a person during the stages of their bereavement
04	Identify different ways in which group care settings can mark the life and death of an individual
Understand how to manage own feelings of loss and grief when working in end of life care	
01	Outline what the term 'cumulative grief' means
02	Describe how your own feelings of loss and grief can be managed when working in end of life care
03	Explain the support of others in managing own feelings of loss and grief including:>br /> a) Formal support>br /> b) Informal Support>br /> c) Within your organisation>br /> d) Outside the organisation

Unit: H/617/8108 : Understand how to provide support when working in end of life care**Understand how to support an individual as they are approaching death****Assessment Criteria**

01 Identify the stages of an individual's adjustment to their imminent death

02 Outline why it is necessary to allow individuals sufficient time and understanding to express their feelings, wishes and preferences

03 Describe why wishes expressed by an individual at end of life should be met whenever possible

04 Describe how information given to and received from an individual at end of life should be recorded and reported

05 Describe why it is necessary to ensure the environment is of the individual's choosing, and consistent with their personal beliefs and preferences

06 Identify measures that can be taken to ensure the comfort of an individual in the final hours of life

Know how to assist in minimising individuals' pain or discomfort in end of life care

01 Describe why a holistic approach for managing pain and discomfort is important

02 Explain different approaches to alleviate pain and minimise discomfort for individuals in your care setting

03 Describe how an individual's culture and beliefs might influence their preferred approach to symptom management

04 Identify symptoms that may be related to the individual's condition and/or treatment in end of life care

05 Describe how symptoms can: >br /> a) cause the individual pain and discomfort.>br /> b) affect an individual's well-being>br /> c) affect their communication>br />

06 Outline how to encourage an individual to:>br /> a) express feelings of pain or discomfort >br /> b) use self-help methods of pain control>br />

07 Describe a range of interventions that can be used to provide symptom relief

08 Outline how to position an individual safely and comfortably

09 Explain how and individual should be monitored to support managing their pain or discomfort

10 Describe pain management recording including:>br /> a) How it should be recorded>br /> b) What should be recorded

Understand how to care for a deceased individual

01 Identify the steps that need to be taken immediately after a death has occurred

02 Explain how caring for a deceased individual is influenced by:>br /> a) religious beliefs>br /> b) cultural beliefs>br /> c) family role>br /> d) cause of death

03 Explain how the preparation and movement of a deceased individual is affected by sudden death

04 Describe what the term 'last offices' means

05 Outline how the individual's personal beliefs and preferences affect the performance of last offices

Understand the support needed by family, significant others and friends of the deceased individual

01 Identify the reasons why it is necessary to provide family, significant others and friends of the deceased individual with time and privacy

02 Describe how family, significant others and friends of the deceased individual may react to the death and loss of the individual

03 Identify organisations that may provide information and support for family, significant others and friends of the deceased individual

04 Describe how own feelings can be managed to minimise any undue effect on others

Understand relevant legislation and policies when dealing with the death of an individual

01 Identify legislation and policies that may influence how a body is dealt with following death

02 Describe the legal and organisational responsibilities following the death of an individual including:>br /> a) What should be done if you find a person has died >br /> b) Who needs to be informed once a person has died>br /> c) Who is responsible for informing the family>br /> d) What recording and reporting needs to take place

Unit: K/617/8109 : Understanding the impact of Dementia in End of Life Care	
Understand how dementia can affect an individual during end of life care	
Assessment Criteria	
01	Explain how dementia can be a life-limiting illness
02	Describe the different end of life experiences for an individual; a) with dementia b) without dementia
03	Describe how person-centred care can be used to support an individual with dementia at end of life
Know how to support individuals with dementia affected by pain and distress at end of life	
01	Identify ways to establish whether an individual with dementia is in pain or distress
02	Outline methods to support an individual with dementia to manage their pain and distress at end of life
Know how to support family, significant others and friends of an individual with dementia at end of life	
01	Explain how others can be supported to understand how the end of life experience may differ for an individual with dementia
02	Identify sources of information and support for family, significant others and friends of an individual with dementia at end of life

Unit: Y/617/8106 : Understanding the principles of end of life care and support	
Understand the different viewpoints on death and dying	
Assessment Criteria	
	Explain the different factors that can affect an individual's views on death and dying including;
01	a) Social b) Cultural c) Religious d) Spiritual e) Psychological f) Emotional
02	Identify the factors that can affect your own views on death and dying including;>br /> a) Social >br /> b) Cultural>br /> c) Religious>br /> d) Spiritual>br /> e) Psychological>br /> f) Emotional
03	Describe how the factors relating to the individuals views on death and dying can impact on the care and support provided for an individual
04	Outline how attitudes of others may influence an individual's choices around death and dying including;>br /> a) Family>br /> b) Friends>br /> c) Health care professionals>br /> d) Social care professionals
Understand the aims, principles and policies of end of life care	
01	Explain the aim of End of Life Care
02	Outline the end of life care principles
03	Explain why and how promoting dignity in end of life care is important for the individual
04	Explain why it is important to maintain the comfort and well-being of the individual in end of life care
Understand End of Life Care Pathways	
01	Describe an end of life care pathway
02	Explain the stages of the local end of life care pathway
03	Describe local and national policy and guidance for care after death
Know how to access the range of support services available to individuals and others	
01	4.1 Describe the range of support services and facilities available to an individual and others including;>br /> a) pastoral services>br /> b) other professionals>br /> c) self-help organisations>br /> d) hospices>br /> e) Citizens Advice
02	List the key people who may be involved within a multi-disciplinary end of life care team
03	Explain what role key people involved in a multi-disciplinary team may have in end of life care
04	Identify the potential barriers an individual may face when accessing end of life care
05	Explain how barriers can be minimised for an individual when accessing end of life care